

What is Respite Care?

Caregivers need an occasional break from caregiving in order to stay strong as a caregiver. This break is called RESPITE!

According to Caregiver.org, respite care provides temporary relief to a primary caregiver from the continuous support and care of an adult who is elderly or disabled and dependent on others.

Respite services may include companionship, involvement in the person's activities of daily living, meal preparation, light housekeeping and personal hygiene tasks.

Respite care providers assist caregivers in looking after their loved ones for a few hours or a few days, allowing caregivers a break.

Below is a list of respite options available in Ozaukee County.

- **Community Based Residential Facilities/Skilled Nursing Facilities:** See the ADRC [Directory of Services](#) for a listing of facilities in Ozaukee County.
- **Homemaker/Companion Agencies:** See the ADRC [Directory of Services](#) for a listing of facilities in Ozaukee County.
- **Veteran's Affairs:**
Call Kevin Johnson, County Veteran Services Department
Phone: 262-284-8326