



Books Available Related to Grief, Life Transitions:

- *Welcoming Change* by James E. Miller
- *Living with Grief after Sudden Loss* by Kenneth J. Doka
- *Living with Grief: Before and After the Death* by Kenneth J. Doka
- *The Grief Journey: The Death of a Spouse or Lifetime Companion* by National Kidney Foundation, Inc.
- *To Love What Is (A Marriage Transformed)* by Alix Kates Schulman

Please call Valeree Lecey, Caregiver Program Specialist, at the Aging and Disability Resource Center (ADRC), at 262-284-8120 to arrange for pick up or delivery.